

St Helena's Church of England Primary School

Whole School Food Policy

It is our responsibility to learn and achieve our dreams as a family.

Opening minds, widening horizons and developing a better world

Valuing Compassion, Community, Endurance, Friendship, Hope, Respect, Thankfulness, Wisdom

This document is freely available to the entire school community. It has also been made available on the school website.

Responsibilities

The Governing Body recognises the important connection between a healthy diet and a child's ability to learn effectively. It also recognises the role our school can play to promote family health and sustainable food provision. It also celebrates that sharing food is a fundamental experience for all people and a primary way to nurture our cultural diversity and an excellent bridge for building friendships. The named person responsible for hot school meals is Mrs Rinfret and the Governor is Mrs Askew. Everybody in school dealing with children and lunches/snacks is clear about the National Food Standards legislation. Universal free school meals are available for all 4-7 year olds, from our school kitchen.

Mission

The educational mission is to improve the health of the entire community by teaching children and families' ways to maintain lifelong healthy and environmentally sustainable eating habits through food education, science and PSHE.

Aims

- To improve the health of all children, staff and their families by helping to influence their eating habits, diet and food hygiene.
- To increase children's knowledge of food production in our rural setting and their impact upon health and the environment.
- To ensure all pupils are well nourished at school and have access to safe and nutritious food and an easily available water supply.
- To ensure that the food supply meets everyone's needs (medical, religious, dietary and allergy free).
- To make the dining an enjoyable and safe experience following the children's own negotiated Code of Conduct

Objectives

- To work towards ensuring that this policy is both accepted and embraced by the whole school community.
- To integrate these aims into all aspects of school life (pastoral, curricular and social activities).
- To maintain National Healthy Schools' Status.

Methods

The Governing Body will ensure that

- a positive whole school approach is taken to the promotion of healthy living through curricular and extra-curricular opportunities (possible Fun, Food and Fitness and Growing clubs)

- a children's meeting will be devoted to discussing food choices and policy in school once a year
- parents are consulted on an annual basis through the questionnaire
- the dining hall is an attractive, pleasant, safe eating environment for Year 1 to Year 6 through regular visits (as highlighted in Ofsted subsidiary guidance 2013)
- the School Kitchen uses locally sourced, seasonal produce and adheres to the National Food Standards
- all children entitled to a free school meal receive one
- all staff encourage children to recycle, reuse and use the compost bins
- all appropriate staff have basic food hygiene qualifications.
- Food for Life Silver Award was achieved in 2020

Our school actively supports healthy eating and drinking throughout the school day. This policy must be cross referenced with the following policies:

- Food allergens
- PSHE
- Science

This policy will be reviewed annually by staff and governors.